

**10<sup>th</sup> Anniversary**

## 2017 NHSGA SSI Tentative Timeline

### Thursday, May 18 Workout/Opening Ceremonies



**Please bring your t-shirt that you want to exchange to the practice on Thursday- make sure you pick up a t-shirt coupon so you can get one during open stretch at Finals on Sunday.**

**12:00(NOON)-2:30pm Scheduled Workout** at Estero Community Center- this is primarily a time to familiarize yourself with the equipment, **not to have a full workout.** Each State (team) will be assigned approximately 15 minutes per event/per 6 competitors.

**5:30pm** Arrive at Bootleggers (gymnasts and coaches only) -Must have bracelet from lead coach to attend.

**6:00-9:00 Opening Ceremonies Banquet:** Celebration of gymnasts /coaches/judges, dinner, ice breakers, important meet information. **Special guest speaker: 2008 Olympic Gymnast Corrie Lothrop**

**9:30** Coaches **and** Gymnasts Meeting at DiamondHead- Diamond Room near lobby. NHSGA Meeting- Immediately after coaches/gymnast meeting at DiamondHead (same room) Goodie bags distributed here.

Coaches Social—Room TBA at Meeting-T-shirts/programs to be distributed here.



### Friday, May 19 -Prelims and Team Competition

9:00 am Gym Opens  
9:00-10:00 Open Stretch  
10:10am March In and Opening Ceremonies  
10:30 am Competition Begins

### Saturday, May 20 -Event Finals-

8:00 am Gym Opens-T-shirt exchange-first come first served, come early for best selections, remember your coupon  
8:00-9:15 Open Stretch and Event Warm Ups  
9:20 March In (ALL Teams/Competitors/Coaches March In)  
9:30 Event Finals Begin